

WORLD CITIZEN UPDATE

Empower
communities
to educate
for a just and
peaceful
world.



Spring 2018

Inside this
Newsletter:

Peace
Education
Update, 2

American
Montessori
Society
Conference, 3

International
Peace Sites
Update, 4-5

Donation
Information,
List of Donors,
Leadership, 6-7

A LETTER FROM WORLD CITIZEN PRESIDENT, MARTA GOLDENMAN

What an exciting time for World Citizen! I like to think of World Citizen's organization along the lines of a well-planted tree: We have deep roots in Peace Education, and we have a trunk with rings that shows years of engagement in the world; some years are consistent, some years show large rings of growth. As we head into spring, we are anxiously awaiting a few new blossoms for our organization that we are sure will show large rings of growth as we reflect back in years to come.

First, we are excited to launch our new website! We are thankful to our partnership with Winding Oak and the behind-the-scenes work of several of our board members. The new website will not only give World Citizen a fresh look but a chance to try out several new social media opportunities! Check us out at www.peacesites.org. Please also enjoy the new look of our newsletter.

Our Peace Education workshops have been a source of learning and reflection for many during these ever-changing times in our world. Lonnie Strand, our Peace Education coordinator, has done an incredible job of bringing current topics and conversation to educators from schools, churches, nonprofit organizations, and the community. Lonnie and the workshop team have received extremely positive feedback on the sessions they facilitate. Through generous donor support we are able to offer all Peace Education sessions at no cost to the participants with the opportunity to receive CEUs and paid substitutes for educators.

We are excited to announce a new partnership with Eagle Bluff Environmental Learning Center in Lanesboro, MN! The World Citizen board had the opportunity to be at the Peace Site Dedication ceremony that was held at Eagle Bluff. This dedication included the planting of a Ginko tree that was grown from a seed from a tree that survived the bombing on Hiroshima. We also wrote on paper cranes and placed them on the peace tree. Eagle Bluff is a world-class environmental center, providing incredible learning opportunities for students and community members of all ages. The Program Director, Colleen Fohrenbacher, joined us for a Peace Education session. Colleen shared that many of the schools that visit Eagle Bluff are also World Citizen Peace Sites! Together as partners in Peace Education we will collaborate to provide outstanding educational opportunities grounded in our Peace Action of "Protecting the environment." *Please see the box below for a full list of our Five Peace Actions.

World Citizen also recently participated in the 2018 American Montessori Conference, which was held in March in Denver, CO. We were approached by Lisa Krupp, a passionate Montessori Teacher and Peace Educator who saw the mission of World Citizen as complimentary to that of the Montessori schools. Lisa has already worked with World Citizen to bring Peace sites to the Island of Eleuthera in the Bahamas! We met many potential Peace Site partners at the conference and look forward to further contact.

At our last board meeting I reflected back with our board on our goals for the year. I am happy to announce that we are actively working on all of our goals. In several cases we have already met our goals. Our board has become a working board. One that continues to be guided in our mission of "Empowering Communities to Educate for a Just and Peaceful World." We truly ground everything we do by our Five Peace Actions, and when we follow the first four peace actions, we ensure that we go forth to be Responsible Citizens of the World.

We will continue to draw strength from our deep roots, stand tall with our thick trunk of experiences, and eagerly await the new blossoms that will surely turn into beautiful flowers and thick rings of growth for our organization. We thank you, World Citizen partners, for nurturing our growth!

Marta Goldenman,
World Citizen President

World Citizen's Five Peace Actions:

- » Seek peace within yourself and others
 - » Reach out in service
 - » Protect the environment
 - » Respect diversity
- » Be a responsible citizen of the world

Not only do the Five Peace Actions give us the direction we need to understand and practice key elements of Peace Education, but they strengthen our World Citizen Mission Statement:

Empower the Community to Educate for a
Just and Peaceful World!

PEACE EDUCATION UPDATE

Empower communities to educate for a just and peaceful world.



Spring 2018

"The signs are clear and the time is now. Hate-filled rhetoric, polarizing principles, and fear-based boundaries are not pathways to progress."

Michael Bergman, former World Citizen Board Member

On February 6, 2018 a group of forty five adults from various walks of life gathered to listen to a message about a subject that just a few decades ago was hardly mentioned. Back then it was whispered about, and now it is starting to be openly talked about: SUICIDE. Dr. Dan Reidenberg walked the attendees of this Peace Education session through the stigma of mental illness which often deters individuals and families from getting any help to prevent this tragedy. Dr. Reidenberg is the executive director of SAVE, Suicide Awareness Voices of Education, where he works with doctors, nurses, mental and chemical health professionals, law enforcement, EMTs, teachers, business professionals, clergy, and other influential leaders in our communities to make us "suicide safer." We learned that suicide takes the lives of 38,000 Americans each year, it's the 10th leading cause of death, and it does not have one single cause. Certain factors like substance abuse and untreated depression can lead to higher risk of suicide just as having a robust social circle can help protect you from suicide.

Our recent Peace Site, Eagle Bluff Environmental Center, did a brief presentation to the attendees about its facility and services available to families, groups, and schools. The attendees were encouraged to reach out to Eagle Bluff and take part in the Environmental Learning Opportunities as they would explore our Peace Action to PROTECT the environment. Former World Citizen Board Member Michael Bergman also talked to this group about his social media movement at REFUSE2Hate. Michael started this Facebook/Twitter/Instagram social media movement to say, "The signs are clear and the time is now. Hate-filled rhetoric, polarizing principles, and fear-based boundaries are not pathways to progress. REFUSE2hate is an organization existing free from political partisanship and all limiting labels. R2H unites People with Purpose and activate healing wherever there is hatred

through the promotion of the Four Core Principles: STAND UP against hate in all its forms. REVEAL who you are and what you believe to be true. HEAL regardless of what you protest for or against, and especially where fear runs rampant. Choose to REFUSE, look toward the hope ahead and united we can Heal Now." We encourage our World Citizen's to follow Michael's lead as we RESPECT diversity.

Our final Peace Education Session of 2017-2018 will be on April 18th as Dr. Justin Patchin of the Cyberbullying Research Center will speak on willful and repeated harm inflicted through the use of computers, cell phones, and other electronic devices. We will also hear about Restorative Justice. Please plan to join us for this wonderful opportunity!

Lonnie Strand,
World Citizen Peace
Education Coordinator

Dr. Reidenberg walked us through warning signs that a person may be in acute danger and may need urgent help:

- Talking about wanting to die or to kill oneself;
- Looking for a way to kill oneself;
- Talking about feeling hopeless or having no purpose;
- Talking about feeling trapped or being in unbearable pain;
- Talking about being a burden to others;
- Increasing the use of alcohol or drugs;
- Acting anxious, agitated, or reckless;
- Sleeping too little or too much;
- Withdrawing or feeling isolated;
- Showing rage or talking about seeking revenge;
- Displaying extreme mood swings.

If you know of anyone exhibiting these behaviors, call Lifeline at 1-800-273-8255 or go to www.save.org.



Far Left: Cheryl Cox and Lisa Krupp stand with the Montessori conference delegates from China, who came to visit the World Citizen booth. They purchased a Peace Site packet, which marks China's first International Peace Site!

Left: Martha Roberts and Marta Goldenman standing by the Montessori Conference banner.

American Montessori Society Conference in Denver: A World Citizen Adventure!

Current World Citizen President Marta Goldenman, Former World Citizen President Martha Roberts, and Montessori educators Lisa Krupp and Cheryl Cox traveled to Denver March 22-25, 2018, for the annual American Montessori Society Conference. Representing our organization, these four hardworking women set up a World Citizen booth, welcoming visitors, meeting other educators, and even signing up a new International Peace Site!

Our best selling point at the conference was our Punch Card Promotion. With the Punch Card promotion, we offered a free Peace Site packet and an opportunity to Skype with author with Caren Stelson, worth a \$225 value. The winner of this awesome package was Anne L. Evans from Galilee Montessori in Virginia Beach, VA. In addition to this great way to promote World Citizen, Lisa displayed a small tablet to display our newly updated website ([check it out at www.peacesites.org](http://www.peacesites.org)) and handed out many World Citizen marketing cards.

There were many other fantastic opportunities for our World Citizen representatives at the conference. Lisa, Marta, and Martha were invited to an outstanding meeting during the conference with the head of the American Montessori Society Peace Committee. Just before the conference hall closed, a group from China came to the World Citizen booth and wanted to buy an International Peace Site packet. Luckily Lisa had one left, and sold it to them on the spot; our newest Peace Site is now in China. What a wonderful International connection!

As a thank you for their tremendous work, World Citizen decided to give the World Citizen Peace Pole prototype to Lisa and Cheryl for their school, Crystal Lake Montessori, which is a Peace Site. Without Lisa's help, connections, and suggestions, this opportunity might not have been possible for World Citizen.

Kathy Millington,
World Citizen Executive Director



Right: Marta Goldenman held a World Citizen sign as she walked in the "March for Our Lives" rally in Denver.

Below: The World Citizen conference team: Lisa Krupp, Cheryl Cox, Marta Goldenman, and Martha Roberts.



INTERNATIONAL PEACE SITES

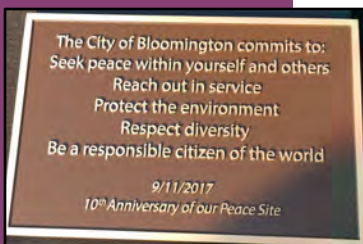
Empower communities to educate for a just and peaceful world.



Spring 2018

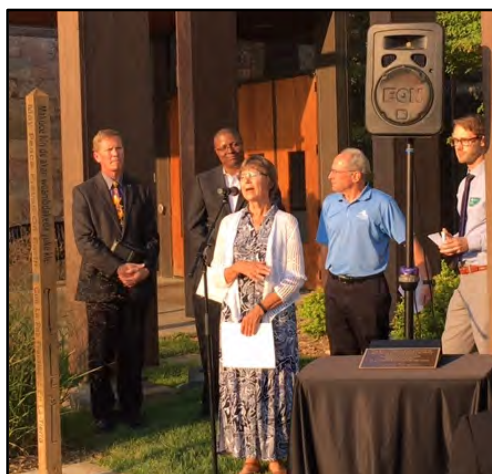
Martha Roberts and Karen Johnson have been updating our Peace Site records. We are gathering new info on addresses, contact persons, phone numbers, e-mail addresses, dedication and rededication dates, and activities. Our new information will be placed in a more accessible data storage so we can easily contact sites to check in and help them with their programs. The re-collection of this data is an ongoing project that will enable us to keep better contact and offer more help to our sites. In turn, they will have easier access to us and our new re-organized web site and Facebook page. We will keep you posted with our efforts!

Martha Roberts, Former World Citizen President
Karen Johnson, World Citizen Board Member



Top: Bloomington Civic Plaza Peace Site plaque from the re-dedication ceremony.

Right: City Councilmen Tim Busse and Dwayne Lowman; Citizen Monica Williams; Mayor Gene Winstead; and Human Rights Commissioner Jared Leese.



Bloomington Civic Plaza Re-Dedication Ceremony Marks 10th Anniversary as a Peace Site

On September 11, 2017 (International Day of Peace) a group of Bloomington Citizens involved the Bloomington Human Rights Commission to dedicate the Bloomington Civic Plaza as a Peace Site. A Peace Pole was planted in the front entrance to commemorate the day. Bloomington citizen Monica Williams led the group of Bloomington citizens to make this possible.

The ceremony was hosted by the Bloomington Human Rights Commission and Mayor Gene Winstead. Two city councilmen also joined the re-dedication. The proclamation to re-dedicate Bloomington Civic Plaza as an International Peace Site was read and presented at the Bloomington City Council meeting following the outdoor rededication ceremony.

For the 10th Anniversary, the Bloomington Human Rights Commission commissioned a plaque to be placed on the foot of the Peace Pole with the Five Peace Actions: Seek peace within yourself and others; Reach out in service; Protect the environment; Respect diversity; Be a responsible citizen of the world. Martha Roberts, President of World Citizen spoke at the re-dedication ceremony along with Monica Williams and the city dignitaries.

Flora Tsukayama,
World Citizen Secretary

Hidden Valley Elementary Holds Annual Sing-a-Long and Re-Dedication Ceremony

On January 19, 2018, Hidden Valley Elementary in Savage, MN, held its annual Peace Sing-a-Long and Peace Site Re-dedication. The students sang beautiful songs, including "What A Wonderful World," and invited the parents and guests to join in on "We Shall Overcome," "Peace Like A River," and many more. It was a joy to be invited and to experience, once again, the rich diversity of the students, and the enthusiasm and passion of the teachers, administrators, and staff!



Holly Circle-Steffen,
World Citizen Board Member





Deep Creek Middle School Peace Pledge:

"I promise to fill the world with peace, to be one person making a difference. My actions big and small, creating peace for one and all."

Congratulations to Deep Creek Middle School, the First Caribbean International Peace Site!

On a recent trip to the the Island of Eleuthera in the Bahamas, Lisa Krupp's efforts were well received by many residents of the island. Lisa, an educator at Crystal Lake Montessori School in Illinois and World Citizen partner, presented World Citizen's Five Peace Actions and information about becoming an International Peace Site to several schools and organizations.

On February 21, 2018, Deep Creek Middle School became the first International Peace Site in the Caribbean! It was an exciting event planned by the students in the Wellness Club. Students, staff, parents, and members of the Rotary Club of Eleuthera were present for its first dedication and the raising of the World Flag. They sang, recited poems, and created a Peace Pledge for their school. It was quite inspiring to observe these young peacemakers determined to make a difference. They are committed to working together with World Citizen and others in an effort to create a more peaceful world in these challenging times.

It is only the first location of many to come on the Island of Eleuthera. It is an amazing island destination for educators, families, and anyone looking for a cultural immersion experience. Please e-mail Lisa for future Peace Retreats that would include attending an International Peace Site dedication event at krupphart@yahoo.com.



Deep Creek Middle School, Eleuthera, Carribean: International Peace Site!



Congratulations to Eagle Bluff Environmental Learning Center in Lanesboro, MN, for becoming a new International Peace Site!



Eagle Bluff: A New International Peace Site

We are proud to announce that Eagle Bluff Environmental Learning Center in Lanesboro, MN, has become a World Citizen International Peace Site, joining 750 schools, businesses, and non-profits that make up the community of peace sites around the world. As such, we have committed to supporting the following Peace Actions of World Citizen (see page 1). After dedicating our site, Eagle Bluff staff met with World Citizen board members and found that our organizations have very similar values and goals. We were able to identify many schools that are World Citizen Peace Sites and currently visit Eagle Bluff. Together, our organizations hope to develop peace related activities that complement a school visit to Eagle Bluff and support the Peace Actions. For more information on becoming a World Peace Site, please visit www.peacesites.org.

Caren Stelson, World Citizen Co-President Elect

DONATION INFORMATION

Empower
communities
to educate
for a just and
peaceful
world.



Spring 2018

Donating to World Citizen is Easy with Options that Fit Individual Needs

Your gifts to World Citizen help fund our ongoing programs of Peace Education and International Peace Sites, which make a lasting difference in our communities. You, too, can join us in our mission as we seek to provide a peaceful future for our children. There are several giving opportunities available, including:

- » Mail in cash or checks to World Citizen: P.O. Box 9296, St. Paul, MN 55109 (***NEW address!**)
- » Donate online at www.peacesites.org/donate/donate.html (***NEW donation web address!**)
- » Consider the following options to direct dollars to World Citizen, at no additional cost to you:
 - » **Thrivent Choice Dollars:** If you are a Thrivent Financial member, you can choose to designate your portion of Thrivent Choice Dollars to World Citizen. Thrivent will donate \$25 to \$2,500 a year to World Citizen on your behalf, depending on the amount of your investment. Please visit www.thrivent.com/thriventchoice to learn more about this option, or contact your financial representative.
 - » **AmazonSmile:** If you enjoy shopping online, consider signing up for AmazonSmile to easily support World Citizen as you shop. Visit www.Smile.Amazon.com to start your shopping, and choose World Citizen as your charitable organization. AmazonSmile shows the same products at the same price as you would normally see on www.amazon.com; the only difference is that 0.5 percent of the price of eligible purchases is donated to World Citizen on your behalf!
 - » **Employee Matching Gifts:** Does your employer match donations to charitable organizations? Many companies encourage their employees to participate in charitable giving to non-profits through payroll deductions, and will match your gift with a gift of their own. Please consider talking to your employer about the possibility of a matching gift to World Citizen.
 - » **Future Estate Plan:** Support a Just and Peaceful World as part of your legacy by putting World Citizen in your estate plan.

Thank you for your continued support to our World Citizen programs!

World Citizen is a 501(c)(3) nonprofit organization so your gift is tax deductible.

NEED ANOTHER OPTION TO SUPPORT THE WORK OF WORLD CITIZEN?

1. **SCHOLARSHIPS:** If you know of an organization or individual who would be willing to support World Citizen because the mission or ideals of both match, please let them know we are looking for Scholarship support. Each scholarship provides substitute costs when needed, facilitator costs, guest speakers/ specialists, supplies/ materials, and website management for the event scheduled. There are three levels of sponsorship: Gold Sponsor \$2,500 (equivalent to 5 scholarships); Silver Sponsor \$1,500 (equivalent to 3 scholarships); and Bronze Sponsor \$500 (equivalent to 1 scholarship). Highland Bank System and North St. Paul/Maplewood Rotary are supporters of our scholarship opportunity.

2. **SPONSORSHIP:** If you know of a company or service that would benefit the work of World Citizen, please recommend them to us for contact. Listed below are examples of people and organizations who already provide sponsorship to World Citizen, and we would like to acknowledge their contributions:

- » All of the volunteers who contributed to World Citizen by dedicating more than 1,200 hours of their time. World Citizen would not be able to reach as many adults and young people without your important commitment. Thank you for your time and dedication to the World Citizen mission!

- » St. Michael's Lutheran Church in Roseville provides space for

Peace Education workshops at no cost.

- » Lowell and Carol Erdahl in Roseville provide meeting space for our Board of Directors meetings and Annual Retreat at no cost.
- » Bart G. Cuderman, CEO of Winning Edge, Inc. in Maple Plain, MN, provides in-kind support for the design and production of Peace Site plaques. He has also designed a prototype for a new World Citizen Peace Pole. **More details to come soon on our website!**
 - » Highland Bank provided a Scholarship to World Citizen.
 - » Caren Stelson donated her recently published book, *Sachiko: A Nagasaki Bomb Survivor's Story*, to be included in the Peace Site packets.
 - » Carolyn Foundation provided a generous donation (not a scholarship, but highly appreciated!).

What are the benefits to the Scholarship and/or Sponsorship provider?

- » Recognition of tier sponsorship
- » Recognition in all written World Citizen communications » Recognition/link opportunity on World Citizen website » Recognition of sponsorship at all Peace Education Sessions and in all Peace Education written broadcasts
- » Tax deductible

We are so grateful for this assistance. Thank you to all who provide such services at no cost or a reduced cost for World Citizen!

THANK YOU WORLD CITIZEN DONORS!

If we have forgotten anyone, please accept our sincerest apologies.

Fran Abbott
Dwight and Elaine Anderson
Janice and Larry Anderson
Anna Barker
Michael Bergman
Lisa Boland Blake
Nancy and David Blough
Don Bungum
Dwight and Yolanda Burkholder
Fredrik and Mary Christiansen
Robert and Cindy Christensen
Sandra and Rick Curry
Bette and John Demars
Duane and Garnet Ellertson
Jim and Linda Epperson
Ann and William Erbes
Elizabeth Erdahl
Lowell and Carol Erdahl
Molly and Lars Erdahl
Paul Erdahl
Rebecca Erdahl
Robert Erickson
Ruthena Fink
Charles and LaVon Fisher
Joe Foss

Richard and Katherine Fournier
Garden of Hope Montessori
Margaret Gaumont
Ashley Gilleland
Marta Goldenman
Pat Gottschalk
Helen Groth and Julianne Adams
Hilton and Donna Hammer
Robert and Rita Hanle
Stuart and Gail Hanson
James F. Hart
Howard and Helene Hass
Barbara Hays
Anne and Peter Heegaard
Earl and Lou Holdridge
Ida Holdridge
Jodi and John Hovde
Yao Hsia
Karen Johnson
Marilyn Johnson
Alice Jones/Lloyd Mielke
Cindy and Dell Kramer
Dianne Kurschner
Kirsten Lasko - Peace
Welling Studio
E. Betty Levin

Duane Lilja - Walls to Bridges
Charlene and Ted Luoma
Charles and Hertha Lutz
Cathy Manning
Ed and Signe Martell
Kevin McGee
Daniel McNeil
Duke and Kathy Millington
Donald and Patricia Moberg
Camille Monson
Joanne Montie
Paul Moss
Claudia Mueffelman
James Nelson
Arlo and Janice Pannkuk
Mary Pease
Anne Picard
Martha Roberts
Don and Susan Ruble
Susan and Eric Schenk
Joseph Schwartzberg
Dale and Kay Schwie
Mavis Simon
Jackie and Stephen Sinykin
Wheeler Smith
Paul and Nell Sponheim

David Springman
Caren Stelson
Jamie Stenzel
Kerwin Stenzel
Judith Anderson Stoutland
Steve and Theresa Swanson
Jennifer Thomas
Caroline and Richard
Thompson Inga Thompson
Jan and Jim Tift
Catherine and David Tilman
Dean and Jo Tollefson
Dean and Flora Tsukayama
Andrea Vizenor
Rhonda Vopava-Geyette
Roger and Nancy Wangen
Steve and Janie Warner
Stuart Webb
Madeline Wegner
Thomas and Darlene White
Monica Williams
Mildred Wolfe
Evelyn and Charles Wood
Thomas and Brenda Wright
Majorie Wunder
John and Eleanor Yackel

A NOTE OF GRATITUDE TO DAN THIEDE

World Citizen wishes to express our gratitude to Dan Thiede for his years of service as our Web Consultant. Dan was instrumental in developing the system for the Online Peace Education course, setting up our database (Salesforce), and keeping us current by troubleshooting with many website needs. His skills and ability to rise to any challenge we gave him has been immensely appreciated, and will be something we never forget.

Thank you, Dan, for your years of service and commitment to World Citizen. We will miss you and wish you well!

Current World Citizen Leadership:

Board of Directors:

Marta Goldenman, President
Martha Roberts, Former President
Catherine Manning, Treasurer & Co-President-Elect
Caren Stelson, Co-President-Elect
Flora Tsukayama, Secretary
Lowell Erdahl, Board Member
Karen Johnson, Board Member
Kevin McGee, Board Member & Peace Education Facilitator
Holly Circle-Steffen, Board Member

Staff and Consultants:

Kathy Millington, Executive Director
Jill Mason, Administrative Assistant
Lonnie Strand, Peace Education Coordinator
Laura Seidel, Newsletter Editor
Mike Klein, Peace Education Consultant
Rhonda Vopava Geyette, Peace Education Facilitator
Katherine Utter, Peace Education Facilitator
Maddy Wegner, Peace Education Facilitator

World Citizen
P.O. Box 9296
St. Paul, MN 55109

***NEW address!**

www.peacesites.org

***NEW website design!**

World Citizen Update
is a publication of World Citizen.

Editor: Laura Seidel

Contributors: Holly Circle-Steffen,
Marta Goldenman, Karen Johnson,
Lisa Krupp, Kathy Millington,
Martha Roberts, Caren Stelson,
Lonnie Strand, & Flora Tsukayama

WORLD CITIZEN NEEDS YOUR ASSISTANCE TO KEEP OUR PROGRAMS GOING

\$1,000 Provides an entire school with trained leadership in peacemaking skills

\$750 Contributes to the facilitation needed for an ON-SITE Peace Education Program

\$500 Contributes to the facilitation needed for ONLINE Peace Education Program

\$250 Contributes to ongoing maintenance of website to communicate with educators worldwide

\$100 Provides materials for Peace Site Dedications

\$50 Provides materials for ON-SITE Peace Education sessions

Other _____

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____ Phone: _____

*Please make checks payable to World Citizen. No credit cards please.

Donations can also be made online at www.peacesites.org/donate/donate.html.

Your donations truly make a difference.

Please consider making a contribution to provide a peaceful future for our children.